

Changing clinical picture of endemic Burkitt's lymphoma with improved diagnostic technology: A systematic review

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Abstract

We evaluated the changes in anatomical locations of endemic Burkitt's lymphoma (eBL) by systematic review. We compared the reports before ultrasound became a routine investigation in Burkitt's lymphoma (BL) diagnosis with those that used ultrasound as part of pre therapeutic diagnosis. *Methods:* All alternative match terms able to capture the anatomical distribution of eBL were used as search terms for two electronic databases, namely Medline and "Web of Science". Only reports that had reasonable case load were considered for analysis. However the case reports and case series with five or less patients were not included. *Results:* Medline produced more systematic review identified reports. The search terms "endemic Burkitt lymphoma Africa" yielded the highest number of articles in both databases but had a low precision, at 3.5. Pattern of organ involvement Burkitt lymphoma Africa had a precision at 100%. Medline recalled 27 reports that were not recalled by the Web of Science. Generally it appears that studies that have relied on laparotomies, autopsies and ultrasound have reported a higher abdominal involvement in eBL than those using clinical examination and plain radiographs. This points to the possibility of missed abdominal involvement due to diagnostic techniques. *Conclusion:* the review confirms that as more Sub Saharan African (SSA) countries incorporate US as a routine investigation in management of eBL, we are likely to see more abdominal disease with or without facial manifestation.

Keywords: endemic Burkitt lymphoma; epidemiology; clinical picture; Burkitt's lymphoma in Africa; diagnostic technology

Introduction

The first publication giving a detailed account of Burkitt's lymphoma (BL) was in 1958. The disease was described by Denis P Burkitt mainly as a sarcomatous jaw tumor affecting African children [1]. The children presented with swollen jaws, mobile teeth distorted from their arch and facial disfigurement but with minimal pain and no detectable lymph nodes except in the presence of infection. Radiographic evidence of an osteolytic process in the alveolar bone of non-involved quadrants was typically seen. The adrenals and kidneys were reported as the most common non facial organs affected [1]. Subsequently a number of publications were published that elucidated the nature of the tumor as a non-Hodgkin's disease, and defined its geographic distribution outside of African lymphoma belt [2-6]. After an African safari, Burkitt reported a pattern of distribution that suggested a vector borne etiology. Plasmodium species transmitted by mosquitoes were highly suspected due to the fact that the areas with highest prevalence of the disease were also hyper endemic for malaria [7]. A viral association between Epstein-barr virus (EBV) and Burkitt's lymphoma was later reported by Epstein et al. in 1965 [8]. Since then the role of malaria in the pathogenesis of BL has been attributed to two potential pathways: reactivation of memory B cells

latently infected with EBV by malaria infection and/or suppression of EBV-specific T cell immunity [9].

Over time, the diagnostic criteria for Burkitt's lymphoma have been defined and enunciated. The World Health Organization (WHO) classification delineates several variants of BL, all of which are high-grade B-cell lymphomas that share deregulation of the c-myc oncogene, leading to the characteristic histological and clinical features of BL [10]. These variants include endemic BL (eBL), sporadic BL (sBL), AIDS-associated BL (aBL), and an "atypical or pleomorphic" variant of BL formerly known as "Burkitt-like" lymphomas in the REAL (Revised European-American Lymphoma)

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classification. The latter variant exhibits greater nuclear pleomorphism than classical BL, with occasional larger lymphoid cells resembling centroblasts [11].

Unfortunately these diagnostic criteria require expensive immunohistochemical staining, cytogenetics and flow cytometry which are prohibitive for many Sub Saharan African countries (SSA) that have the highest prevalence of the disease [12-14]. Additionally, pathology services in these countries often cannot afford to have specialized hematopathologists, leaving it to the general histopathologists to read the biopsies from all anatomical sites. This limitation poses challenges to accurate pathologic diagnosis, and concordance rates between reports from SSA and expert hematopathologists in developed countries range from as low as 32% to as high as 82% for BL [15, 16].

On the radiographic front, x-ray machines, ultrasonography (US) and computer tomography (CT) have become increasingly available in SSA, especially in oncology centers. The shift from clinical examination alone to imaging based-diagnosis and staging may have altered the epidemiological picture of BL. Highly sensitive diagnostic methods may have led to a spike in cases at hitherto uncommon anatomical sites especially for eBL [17]. In 1962, Burkitt alluded to the fact that abdominal tumors may be more common than jaw tumors. He clarified that the discrepancy seen in literature may be due transport challenges and lack of experienced personnel at local health centers [7]. Clinically, abdominal involvement is usually recognizable as any or a combination of the following: a tumor mass in one or both loins, an enlarged liver, an epigastric tumor, or bilateral ovarian masses presenting as freely mobile smooth masses in each iliac fossa [7]. Burkitt further emphasized that nearly all children with the disease on laparotomy or autopsy had abdominal disease with the kidney being the most commonly affected organ [7]. However, even before the incorporation of US, a study from Ghana that based on findings during clinical examination, reported an increase in abdominal disease in comparison to facial disease [18].

As more publications reported clinical features of endemic and sporadic BL, a report from Nigeria showed that even those patients with abdominal but no obvious jaw disease had subtle changes on jaw radiographs characterized by effacement of the lamina dura in 72% of the cases [19]. This finding reinforced the concept that endemic BL was primarily a disease affecting the jaws. On the other hand, sporadic BL was rarely reported to affect the jaws but seen in the abdomen although some reports had noted subtle jaw changes [4, 5, 20, 21]. The advent of HIV associated BL that is very similar in its clinical features with sporadic BL shows the stage of B-cell ontotogony at which chromosome rearrangements take place, is an important factor in determining disease variant. In general, chromosomal errors occur during $V_H D_{HJH}$ recombination in the presence of EBV (as seen in eBL) but occur later during isotype class switching in the absence of EBV (as seen in sBL). As such, HIV is thought to play similar role as malaria does in eBL [22].

As SSA countries develop, and the price of US machines drop, US scanning has become readily available, this

has led to less invasive but more sensitive diagnosis of abdominal involvement [23]. Marjerrison et al. [24] reported significant differences in the rates of abdominal disease detected by physical examination compared to US (59% vs 83%, respectively; $P = 0.0004$). However, the challenges radiographers face in detecting BL, especially in the intestines, are substantial [24-26] and this problem is compounded by the existence of many tropical diseases that can cause abdominal organomegaly such as malaria and schistosomiasis [27, 28]. Thus, US unlike laparotomy and autopsy may identify organomegaly due to other tropical diseases and attribute it to BL. However, since laparotomy and autopsy pathological analysis are reported to have demonstrated a high prevalence of abdominal involvement in eBL [7, 29], we can safely assume that in the absence of confirmatory US guided biopsy, most of the organomegaly observed is usually due to eBL. This assumption is further supported by the reduction and disappearance of these abdominal symptoms and signs following treatment [19]. Additionally, a study from Cameroon confirmed BL using fine needle aspiration (FNA) after detecting abdominal disease by US in 59% of the cases [25].

Methods

The search terms Burkitt lymphoma, Burkitt's lymphoma, and Africa were used to search Medline through the pubmed interface with a combination of any of the following terms, endemic, clinical features, pattern of organ involvement and epidemiology. Selection criteria were then applied to the output from the searches. This was followed by a search and the selected literature reviewed.

We also used the same search terms on the Web of Science accessed through Fred Hutchinson's Arnold library. Web of Knowledge/ science reviews a different selection of journals and also has the "cited reference search" that prospectively identifies all reports within its database that have cited a particular report. Additionally we searched the Directory of Open Access Journals (DOAJ). The search terms were derived from textbooks and journal articles. The search was done in February 2014.

There were five principal inclusion criteria for the selected articles

(a) The study should not be a review article, (b) The study had to represent a complete collection of confirmed cases of Burkitt lymphoma. However, clinical diagnosis was accepted since in the early times, high clinical suspicion index accompanied by good response to treatment in the absence of biopsy results was considered confirmatory for the disease, (c) Case reports were excluded, (d) The study should give some indication as to what investigative procedures were done on the patients included in that particular report, (e) The patient series should not have been reported on in an already selected paper. Information including: country in which the study was conducted, number of cases, year of publication, anatomical sites involved and any special comments from the authors deemed vital were extracted onto a standardized form. Table 1 shows the articles that were included in this review.

Table 1 Shows the articles chosen for this systematic review.

<i>Author and publication year</i>	<i>Country of research and number of patients</i>	<i>Diagnostic method used</i>	<i>Facial</i>	<i>Abdominal</i>	<i>Facial and Abdominal</i>	<i>Other</i>	<i>Comments</i>
Burkitt Dennis, 1958 [1]	Uganda 38 patients	No ultrasound	78.9	2.6	15.9	2.6	Six patients who had autopsy and 2 who had laparotomy all had abdominal disease
Olson WC et al., 1969 [73]	Congo 15 patients	No ultrasound	60	6.7	33.3		One case of thyroid and abdominal mass was included in facial and abdominal category
Muligan TO, 1971 [74]	Nigeria 65 patients	No Ultrasound	43.1	30.7	6.1	20.1	All except 4 had biopsy confirmation of BL
Wosornu JL et al., 1971 [75]	Ghana 50 patients	No Ultrasound	56	12	24	8	One case with mandibular and testes included in face while CNS and intra-thoracic as others
Nkurumah F et al., 1976 [2]	Ghana 110 patients	No Ultrasound	54.5	18.2	25.5		Authors state that most cases with abdominal and another site the facial area was commonest so we took all such cases as abdominal and facial
Durodola, 1976 [58]	Nigeria 156 patients	No ultrasound	68.9	27.6	6.4	3.8	Since 117 were reported as facial yet 107 as stage 1 and 2 we deduced that 10 were both facial and abdominal
Durodola, 1977 [59]	Nigeria 127 patients	Laporatomies	19.8	40.5	11.2	28.4	Percentages expressed out of total as derived from table 2
Biggar J et al., 1979 [50]	Ghana 213 patients	No Ultrasound	42.3	34.3	22.1	1.4	
Olweny et al., 1980 [60]	Uganda	No ultrasound	35.1	35	27.9		As per the staging used combined abdominal and facial were stage C but some intra-abdominal only are misclassified
Biggar R] et al., 1981 [51]	Ghana	No ultrasound	39.3	38.6	19.8		
Edington G M 1981 [76]	Nigeria 157	No ultrasound	32.5	48.4		25.5	Includes CSF, Testis and others
Kitinya N J et al., 1982 [65]	Tanzania 100 patients	No ultrasound	40	41		19	Details of others were lacking. Regional differences noted
Mouden Par JC et al., 1988 [77]	Cameroun 66 patients	No ultrasound	29.6	50	17.2		
Gadegbeku S et al., 1988 [78]	Cote-d'Ivoire 44 patients	Ultra sound	41	55		4	Ultrasound picked some abdominal involvement not picked by clinical examination
Hesseling et al., 1989 [71]	South Africa and Namibia 22 patients	No Ultrasound	59	36.3			
Doumbé P et al., 1997 [67]	Cameroon	No ultrasound	74	18		8	
Rafaramino, F et al., 2001 [79]	Madagascar 40 patients	Ultrasound	40	5	48.5	7.5	
Oguonu et al., 2002 [69]	Nigeria 44 patients	Ultrasound	23	32	35.1	9.9	US was only done on those with abdominal tumors so occult some misclassification is likely
Kazembe et al., 2003 [70]	Malawi 92 patients	No ultrasound	59.8	17.8	4.8		Although initially 107 patients 15 were dropped due to inconclusive FNA results
Mwanda WO et al., 2005 [57]	Kenya 471 cases	Ultrasonography when and as available	63.5	13.4	9.3		Varying geographic anatomical presentation
Ogwang M, et al., 2008 [55]	Uganda 500 patients	Ultrasound	35	54	2		Authors noted the difference in clinic-anatomical presentation with age. Jaw tumors being seen in very young patients
Israëls T, 2009 [44]	Malawi 84 patients	Ultrasound	31	65.5			
Orem J et al., 2009 [52]	Uganda 1,211 patients	Clinical and ultrasound	57.6	27.1	0.321		We introduced similar misclassification as in Olweny et al. 1980 [64]
Owusu L et al., 2010[68]	Ghana 551 cases	ultrasound	48.3	19.6	15.8	3.3	

Stefan et al., 2011 [72]	South Africa 45 patients	Ultra sound	15.6	75.5	6.6		
Traoré F et al., 2011 [80]	Burkina-Faso, Cameroon, Ivory Coast, Mali, Madagascar, and Senegal 178 cases	Ultrasound	23	31.3	36.9	8.8	
Oluwasola et al., 2011 [81]	Nigeria 167 patients	Ultrasound	37.1	24.7	6.3	14.5% were nodal i.e cervical,inguinal. Authors talk of improved radiographic diagnostics thus we inferred ultrasound use	
Aka P et al., 2012 [64]	Tanzania 944 patients	No ultrasound	44.5	49.7	5.7	Although FNA was rarely done, response to treatment is usually a good indicator of BL	
Lewis N et al., 2012 [66]	Cameroon 471 patients	Ultrasound	19.1	37.8	42.8	The patients included both FNA confirmed and the strict clinical criteria for diagnosis of BL	
Marjerrison S, et al., 2012 [25]	Cameroon 95 patients	Ultrasound	16.8	21.1	56.8	5.2	Event free survival being better for those up staged by US shows that very early abdominal involved is missed during clinical examination
Ngoma T et al., 2012 [82]	Tanzania, Kenya and Nigeria 356 patients	Ultrasound	41.6	36.6	22.9	4.8	156 cases underwent histological re-evaluation and majority were BL
Enow-Orock GE et al. 2013 [30]	Cameroon 300 patients	Ultrasound	36.7	57.7	4.6	Surprisingly no combination of oro-facial and abdominal reported	

Results

The search terms and databases identified all but one report that may be relevant to the review, the Enow-Orock et al. [30] report was only identified by searching and reviewing the DOAJ. The Web of Science’s “cited reference

search” did not identify any review reports in addition to those already identified by the search terms and review of the pubmed and the bibliography. Table 2 displays each search term, the total number of reports, the recall and

Table 2 Shows search terms and their yields for the two electronic data bases medline (med) and Web of Science (Wos) used in the systematic review (SR).

Search terms	Total number of reports		No of reports included in review		Recall %		Precision %		Bibliography of references included in the review	
	Med	Wos	Med	Wos	Med	Wos	Med	Wos	Med	Wos
(a) Endemic Burkitt lymphoma Africa	825	65	29	5	90.6	16.1	3.5	7.6	[1, 19, 25, 44, 50-52, 55, 57, 59, 60, 64-80, 82]	[25, 52, 55, 66, 81]
(b) Clinical features Burkitt lymphoma Africa	37	13	6	1	41.9	19.3	16.2	7.6	[19, 50, 52, 57, 59, 71],	[52]
(c) Pattern of organ involvement Burkitt lymphoma Africa	2	0	2	0	6.4	0	100	0	[59, 71]	
(d) epidemiology of Burkitt lymphoma Africa	482	30	20	4	62.5	12.9	4.1	13.3	[25,50-52, 55,57,58,64-69, 72, 73, 76-78]	52, 55, 66, 81),
(e) Endemic Burkitt’s lymphoma Africa	869	40	27	1	84.4	3.1	3.1	2.5	[1, 19, 25, 50-52, 55, 57-59, 64-79, 82]	[66]
(f) Clinical features Burkitt’s lymphoma Africa	42	9	27	1	84.4	3.1	64.3	11.1	[1, 19, 25, 44, 50-52, 55-60, 64-70, 72-79, 80, 82]	[52]
(g) Pattern of organ involvement Burkitt lymphoma Africa	2	0	1	0	3.1	0	50	0	[59, 71]	
(h) epidemiology of Burkitt’s lymphoma Africa	567	17	6	2	19.5	6.5	1.1	11.8	[19, 50, 52, 57, 59, 71]	[66, 81]

Abbreviations: ^aRecall was expressed as SR-identified reports for that search term for that database as a percentage of the total number of SR-identified reports, which is 32; ^bPrecision was expressed as SR-identified reports as a percentage of the total number of reports for that search term for that database; ^cDOAJ (Directory of open access journals) was not included in this table since its yield was so low.

precision for both databases, and the identity of those reports.

Altogether there were 52 reports that appeared to comply with the inclusion criteria, some sets of reports were considered under Criterion A and were eliminated including: Emmaneul B et al. [31], Fleming A [32], Molyneux, Elizabeth M et al. [33], Orem J et al. [34], Walusansa et al. [35].

Some other reports that initially appeared to be relevant to the review were rejected because they did not give sufficient details on the anatomical distribution of the disease. Amusa et al. [36] did not fully describe the clinical features of all the cases concentrating on the 71.4% of patients who had head and neck manifestations while Hesselting P et al. (2010) and Ladjadj et al. [37] reported on patients with abdominal disease only. Magrath et al. (1974) [38] did not provide details on the Burkitt's lymphoma distribution concentrating on non Burkitt's disease. Loubiere R et al. (1975) [39] reported 80% jaw involvement without giving more details and thus was eliminated. Suvatte et al. [40], Akinwade et al. [3] and Diop et al. [41] also reported on jaw lesions only and thus were excluded. Likewise, a report from Zambia [42] didn't give details of the anatomical distribution of BL just reporting a 56% jaw involvement and as such was not included. On the other hand, Hesselting et al. (2009) [43] gave details but it was not easy to pick out the different categories like in Israëls T et al. [44] so we took the later since the locality and investigative methods were the same.

The following reports were excluded under Criterion C: Cammoun M et al. [45], Ong SK et al. [46], Sudarsanam T [47], Yagi K I [48]. Although some had more than a case or two, the reports had too few cases to make meaningful contribution to this review. Based on criterion Nkrumah FK et al. [19, 49] were not included since we felt the data was double reported by the Nkrumah et al. [2] and Biggar et al. studies [50, 51] respectively. Two reports from Uganda, Orem J et al. [52] and Baik S et al. [53] also appeared to have reported on similar patients as Orem J et al. [54] and Ogwang et al. [55] respectively. Likewise Mwanda O et al. [56] was excluded under the same criteria, opting for Mwanda O et al. [57].

Two of the reports of Durodola overlapped [58, 59], but a critical review suggested it was unlikely that 3 years of overlap would result in significant double reporting given the rapidly progressive nature of the disease. Likewise, the Biggar et al. reports [50, 51] were included using the same reasoning.

Of the search terms used in Table 2, "endemic Burkitt lymphoma Africa" recalled the most systematic review identified reports overall for Medline, but it had a low precision, which was 3.5. Pattern of organ involvement Burkitt lymphoma Africa had a precision at 100%.

A total of 32 reports survived the selection criteria and were accepted for the review as shown in Table 1. The search term details and their yields are shown in Table 2. Of all the reports included in this review, Medline recalled 27 reports that were not recalled by the Web of Science,

whereas the latter didn't identify any report not found in the former.

Discussion

Changing anatomical sites with use of ultrasound

Recent reports from SSA have shown different results in terms of the percentages of patients with abdominal involvement. From the cradle of BL, the Uganda Cancer Institute still showed predominant jaw disease (75%) [54]. US was one of the routine investigations used and it showed that up to 66.7% had abdominal involvement as well as facial disease. A study from Northern Uganda showed predominance of abdominal involvement (54%) followed by facial involvement (35%) with 2% showing a combination of facial and abdominal presentation [55]. An older study by Olweny et al. [60] that did not rely on ultrasound reported similar findings with Orem et al. [54], with jaw swelling at 72% and abdominal involvement at 56% unfortunately they did not provide details as to how many had both facial and abdominal sites of disease. The Ogwang et al. [55] study from N. Uganda showed nearly an equal distribution of BL by anatomical site as a Turkish study that reported abdominal involvement at 50% but with nearly an equal number of facial tumors [61]. The results by Ogwang et al. [55] also closely resembled those from a Chinese study that reported abdominal involvement at 46.5% followed by head and neck (34.9%) [62]. The regional differences in Uganda may be real but further investigations are necessary since there are notable age differences in the anatomical sites of the disease at presentation. An earlier study had shown a higher prevalence of jaw involvement in the northern part at 57.5% compared to the Southern Western part of the country with the differences attributed to differences in age of patients at presentation [63]. The northern part of Uganda being the main catchment area for Lacor hospital were Ogwang et al. [55] conducted their study and UCI being the main catchment area for the Southern part, geographical difference may be real. More research is needed to establish if these are true regional differences and any associated factors that may explain these observations.

In Kenya, combined data showed facial presentation dominating at 63.5% followed by abdominal at 13.4% and a combination of the two at 9.3%. However, in the same paper regional differences can be seen with the provincial coastal region predominantly having facial disease while the central province had abdominal disease as the main presentation [57]. Such findings lend credence to possible regional differences as seen in Uganda being similar in East Africa.

A Tanzanian study reported abdominal with or without facial involvement as the predominant presentation at 49.7% followed by facial alone at 44.5% [64]. This can be extrapolated as evidence for facial disease predominance. However, a major shortfall of this study was the fact that most of the BL cases were not histologically confirmed but rather based on clinical diagnosis and response to BL treatment. An older report from the same country showed equal distribution of jaw and abdominal disease [65], but likewise it did not give details on combined jaw and abdominal cases.

A study from Cameroon [25] corroborated the study by Orem et al. [52] reporting a 72% prevalence of a combination of abdominal and facial disease with 20% having abdominal disease only. On the other hand, another study from North West Cameroon [66] reported a preponderance of a combination of facial and abdominal disease but at much lower percentage (42.8%) followed by abdominal disease only in 37.8% and facial involvement alone in 19.1%. An earlier study that did not have access to ultrasound reported facial (74%), abdominal (18%), and other (8%) [67]. These differences further illustrate the changing epidemiology of the disease due to ultrasound usage within some SSA countries.

In Ghana the picture is different with a retrospective study reporting facial presentation as the main clinical feature of BL at 48.3% followed by the abdominal at 19.6% then a combination of facial and abdominal at 15.8% [68]. However, an earlier study had reported facial presentation alone and abdominal only as the most common at 39.3% and 38.6% respectively followed by a combination of facial and abdominal at 19.8% [51]. Looking at these figures it's reasonable to argue that the use of ultrasound has not changed the epidemiology uniformly in SSA countries.

Studies from Nigeria have reported preponderance of abdominal presentation compared to facial. Durodola [59] reported a high prevalence of combined facial and abdominal disease for patients that were stage I and II but mainly abdominal disease for patients with stage III disease. He went on to emphasize the likely change in these statistics if laparotomies became routine. Since ultrasound scanning is able to detect abdominal involvement less invasively, its use would likely change the anatomical sites detected during the investigational phase of BL management. A more recent report by Oguonu et al. [69], reported abdominal as the predominant presentation at 32% followed by facial at 23%, a shift they attributed to increased use of ultrasound that detected more abdominal disease compared to previous Nigerian studies.

In Malawi Kazembe et al. [70] reported on cases seen between 1991-1997 when ultrasound was not routine and by then 59.8% were facial, 17.8% abdominal and 4.8% a combination of facial and abdominal. However a recent report in which ultrasound was routinely used showed abdominal involvement at 65.5% and facial only at 31.0% with up to 21.8% abdominal disease picked by ultrasound only [44].

A South African study by Hesseling et al. [71] reported 59% facial involvement equally affecting whites and blacks and 36.3% as abdominal. However, a more recent report by Stefan et al. [72] reported 71.1% abdominal involvement and 15.5% facial involvement. In the report there were differences between HIV positive and negative patients at 53.3% and 80% abdominal involvement and facial at 26.7% and 10% respectively raising the argument of two different disease entities. Although this may be a valid argument, a change in Burkitt's lymphoma incidence with the advent of HIV/ AIDS is not appreciated across board in SSA.

Conclusion

Generally it appears that studies that have relied on

laparotomies, autopsies and ultrasound have reported a higher abdominal involvement in eBL than those using clinical examination and plain radiographs. This pointed out the possibility of missed abdominal involvement due to diagnostic techniques. Therefore as more SSA countries incorporate US as a routine investigation in management of BL, we are likely to see more abdominal disease with or without facial manifestation.

Competing interests

The authors declare that they have no competing interests.

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